

uad bulletin

Volume 29.6

Utah Association for the Deaf

November 2005



NAD Relocates 2006 Biennial Conference to Southern California

The NAD is pleased to announce that its 48th Biennial National Conference will be held at Desert Springs -- a J.W. Marriott Resort, in Palm Desert, California, June 29-July 3, 2006, which is in close roximity to the Palm Springs International Airport. Mother Nature, in the form of Hurricane Katrina, forced the NAD to find a new location for the conference originally scheduled for New Orleans, Louisiana.

"We grieve with the rest of the nation on the destruction caused to several states by the hurricane. because of the uncertainty about the New Orleans city infrastructure, the NAD Board of Directors felt that it was in the best interest of all involved to move the 48th Biennial National Conference in 2006 to Region IV and return to New Orleans in 2008," said NAD President Andrew J. Lange.

It is located 11 miles from Palm Springs International Airport, 78 miles from Ontario Airport and 130 miles from Los Angeles International Airport. "This is the perfect place to have a conference," said NAD Chief Executive Officer Nancy J. Bloch, "the meeting space is wonderful and everything is under one roof. This conference is about change, a unique and different kind of conference site, a change in dates, and most mportantly -- we will all be changed in the most positive way after the 2006 NAD Conference experience!"

The Conference officially begins on Thursday, June 29 with forums and workshops starting in the afternoon and Opening Ceremonies and a Welcome Reception that evening. Pre-conference sessions for the NAD Board and official delegates take place on June 28. The NAD College Bowl Competition is on Saturday, July 1. The NAD 125th Anniversary Celebration Banquet is scheduled for Sunday evening, July 2, and the NAD Miss Deaf America Pageant finals will be held on Monday evening, July 3, the last night of the conference week.

Exhibits, workshops and forums will all take place in two huge ballrooms that easily accommodate all NAD Conference plans, with major evening events taking place right next door to exhibits and workshops.

The basic 2006 NAD Conference schedule is now on the NAD website at:

http://www.nad.org/2006confschedule.

Detailed information will be posted on the NAD website within the next few weeks. "Our focus, in respect to the conference, the last few weeks since Hurricane Katrina was finding a new location for our large and unique meeting," said President Lange. "Now the NAD Board of Directors and NAD Headquarters staff are hard at work to ensure a successful national conference in Southern California." he continued.

The NAD will also honor 2006 NAD Conference preregistrations at the new location. If you have questions about your pre-registration, please contact: conference@nad.org.



Deaf Secretary

by Marilyn Call
April Trocki was hired as the first ever deaf front desk secretary. She and her husband, Andy, are originally from Maine.

Let's all help April feel welcome as the first Deaf secretary at the Sanderson Center.

Eli McCowan will be her supervisor.

Disability Law Center Hires Deaf Advocate Lisa Knapton began working as an

Lisa Knapton began working as an Advocate with the Disability Law Center in December 2004. A large part of her work

involves investigating allegations of abuse and neglect at state institutions such as the Utah State Hospital and the Utah State Developmental Center. She also works with individuals with disabilities whose rights have been violated or are having difficulty accessing particular places, programs or services. Lisa has been instrumental in increasing awareness about issues impacting the civil and human rights of people who are Deaf in Utah. She provides training to private businesses, government agencies and non-profit organizations on issues pertaining to the Deaf and Hard of Hearing community.

Lisa was born and raised in Oregon. Her deafness was discovered when she was 2 years old, and she has worn hearing aids ever since. Lisa relies on lip reading to communicate with people in the hearing world and was mainstreamed in school. Lisa graduated from Southern Utah University with degrees in Psychology and Sociology.

(continued on page 4)

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INFORMATION

Ideas, criticisms, and questions are welcome.
Letters to the editor **must be signed**. Send all news, reports, and advertisements to Editor. The Editor reserves the right to refuse any news or ads.

Letters are limited to 250 words, and articles are limited to 450 words.

The **DEADLINE** for news, articles, ads, and letters is the 16th of each month.

The **UAD Bulletin** does not necessarily endorse any information on articles, columns, letters, and ads found in this publication. They are for your information only. For advertising rates, please contact the Co-Editors.

Ad Rates: www.uad.org/bulletin/adrates.html

President's Message

by Rob Kerr

Last month I wrote an article about the Advocacy workshop. Rhonda and I attended the workshop with five other deaf and hard of hearing people. We were delighted to have

Representative Brent Goodfellow and Senator Waddoups show up at the workshop. We listened to their experiences about working at the Capitol and they are happy to work with us to pass bills. We asked them if they will read their email and they said the Senators and Representatives do not have time to read emails everyday. Furthermore, the Senators and Representatives will not read "repeating" copies of a letter even with a signature. They encouraged us to write our own personal letters to tell them to support or oppose a bill and a personal letter will get their attention. We learned a lot and want to share with you so it is important for you to attend the next Advocacy workshop.

I showed a white holder to the UAD board members in the October meeting that Deaf people in Nevada use to show police. The holder tells police that they must get an interpreter. There is another card in Connecticut. Connecticut deaf drivers have a bright green visor envelope (holder) to hold their license, registration and insurance information and also tells the police to get an interpreter. I believe that other states might develop their bills to have what Nevada and Connecticut has. You may like to have one for yourself in the future. We can work together and bring it to the Utah Legislature to make it a law and see if local police will support the idea.

In the past, we have heard that Deaf people are frustrated with the Social Security office in Murray and other places. If you have experienced discrimination such as: "Did you wait to get a hearing within 12-18 months and also must begin making payments and Social Security is very reluctant to get interpreters for you?" UAD will write a letter to Social Security that Deaf people are being denied access to government services with Dale Boam's services.



Before I close, every year the UAD Bulletin prints a Christmas Greeting cutout for you to write your name, pay one dollar per name and it will be printed printed in the December issue. Would you like to have your name on the Christmas Greetings on the December issue? See the cutout in this issue.

Happy Thanksgiving to all of you.

Rob (Robert) Kerr, UAD President

UAD Board Meeting
November 19, 2005 at SCCDHH in Taylorsville
10:00 a.m.: Board Meeting (open to public)
Chairman: Nancy O'Brien, nancy@uad.org

Society Page

Wedding Bells

October 15, 2005 – Michelle Gertino to Donovan Heathington, united in rites performed in San Diego CA.

October 7, 2005 - Emilie Burrow to Bryan Mulholland, married in the Salt Lake Temple.

A Greater Glory

February 5, 2005 – Florence Jacobs, 84, passed away of congestive heart failure in Hildale. Burial took place in Hildale. Her husband, Don Jacobs, survives her and resides in Kanab.

20 Years Ago

November 1985 - November
Happenings – Saturday 9th – Utah
Association for the Deaf will sponsor a
legislative workshop, with David
Samuelsen in charge. The workshop will
begin at 2:00 and continue until 5:30 pm
when a break for supper takes place; a
game show will be held at 7:00. It is to be
held at the Center for the Deaf. Dinner
reservations must be made by November
1 to Roy Cochran in Ogden or Bev Allred in
SLC. Dinner Is \$5.00 and game show is
\$3.00.

Mission Call

Jim and Peggy Harper were called on a one-year LDS mission in Ft. Lauderdale, Florida. They will leave on November 14, 2005 where they will spend a week at the Missionary Training Center in Orem before going to Florida.

Deaf Teacher Honored

R.C. Willey Home Furnishings and the Utah Education Association have awarded 10 teachers "Excellence in Teaching" awards for 2005. The winners were nominated by peer teachers and were honored at a banquet on Thursday at the Salt Palace Convention Center during UEA week. Each teacher receives a crystal award and a \$1,000 check. **Lori Ruth**, Utah School for the Deaf, was one of the 10 winners.



Evelyn Stoltz Receives Award

Evelyn Stolz received the Hill Outstanding Employee with Disabilities Award at the annual Persons with Disabilities Luncheon on October 20, 2005.

A sheet of paper with small pictures of 26 hands in different gestures hangs on the outside of Evelyn Stoltz's work area so that her co-workers can communicate in her language – American Sign Language.

This language barrier has never hindered her from getting her job done as a functional system administrator for the 75th Mission Support Group's Systems Management Team. This is one of the reasons she has earned the Hill Outstanding Employee with Disabilities Award.

"Evelyn is functionally deaf, she has been since childhood," said Tony Butler, Mrs. Stoltz's supervisor and nominator. "It's difficult for her to communicate with people initially, but she is able to convey her thoughts and is very adept at lip-reading. She carries with her pen and paper so she can write notes to people not familiar with her disability."

In her position, which she has held for 11 years, Mrs. Stoltz maintains a data base of more than 4,000 contractors who conduct business at Hill. She also helped transition the division from a paper-based system to a web-based one. Last year she single-handedly distributed more than 6,000 contracting documents and tracked more than 1,300 contract action reports to Congress.

"Evelyn is deaf, but that has not stopped her from performing her duties in a praiseworthy manner," Mr. Butler said. "Her achievements have significantly benefited the Air Force."

The only special equipment Mrs. Stoltz uses is a Text Telephone and a video teleconference device so others can see her sign. To improve communication, she also helped set up a series of training classes with the base interpreter so her co-workers could learn the basics of sign language.

"Tony knows me well. He knows I can communicate with the buyers," Mrs. Stoltz said, through base interpreter Camie Gonzalez. "Communication hasn't been a problem. It really is an easy job for me."

Mr. Butler says that Mrs. Stoltz is always looking for new challenges in her job and that she only needs minimal training to get the job done.

She says that she does not let her disability disable her. This attitude and capable job performance is what prompted Mr. Butler to nominate Mrs. Stoltz for this award.

"The whole thing was a surprise to me," Mrs. Stoltz said. "I was really happy (when I found out I won)."

Mrs. Stoltz's other proud accomplishments include a husband and her children – 18-year-old twins. by Beth Young Hilltop Times staff

Disability Law Center Hires Deaf Advocate

(continued from page 1)

Lisa became fluent in American Sign Language (ASL) when she served with the deaf community in New York on a religious mission. She is happily married and has a new puppy, which she and her husband are training to become a "hearing dog". Lisa's goal is to attend law school and become an attorney specializing in representing Deaf clients.

The Disability Law Center (DLC) is a private, non-profit organization that protects the civil and human rights of people with disabilities in Utah through legal advocacy. It is the state's primary legal advocacy agency for the more than 376,000 Utahns with disabilities. The mission of the agency is to enforce and strengthen the laws that protect the opportunities, choices, and legal rights of people with disabilities in Utah. The DLC's services are statewide and free of charge.

The DLC has a dedicated TTY line and trained staff waiting to take calls from people who are Deaf or Hard of Hearing, at 1-800-550-4182. The DLC's voice number is 1-800-662-9080. To get help from the DLC, all you need to do is speak confidentially with one of our Short Term

Assistance (STAT) Advocates. They will provide you with the information and/or help you need. Office hours are Monday through Friday 8:30 a.m. – 5:00 p.m. Or visit our new website at: www.disabilitylawcenter.org.

The DLC is in the process of establishing a videophone for people who prefer to communicate through ASL. Check our website for updates on this and other news.

The DLC is excited to have Lisa on their team, and they look forward to providing more services to people who are Deaf or Hard of Hearing.

Missing Captions?

Beginning on January 2006, if new tv programs don't have closed captions, report it to FCC with the name of the program, date, time, and channel. FCC will investigate them and fine them if guilty.

You may send a copy of your complaint to the Federal Communications Commission, Consumer & Governmental Affairs Bureau (CGB), 445 12th Street, SW, Washington, DC 20554, or 202-418-0232 (fax), or fccinfo@fcc.gov, or www.fcc.gov/cgb/complaints.html.

It's time to think about CHRISTMAS!



Send your Holiday Greetings to the UAD Bulletin to put on the full-page Christmas greeting card, the special Christmas Greetings Flyer, for only a dollar per name. Saves you time, money and gas!

Simply fill out the blanks of the coupon below and send only \$1.00 per person!

- If by check, write Utah Association for the Deaf.
- ◆ If paying by mail, please don't send cash. Use a check or money order. It will be your receipt. Thanks!

Example: Sam Smith - \$1.00

Example: Lana and Sam Smith - \$2.00

Example: Lana and Sam Smith and family - \$3.00

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Names:	(\$2.00)	Your address:	
Names:	(\$3.00)		
More Names:			(\$

Mail To:

UAD Bulletin - Christmas 1115 East Sunnyside Avenue Salt Lake City, Utah 84102-3725

DEADLINE: November 19, 2005

100% Captioning in 2006?

excerpt from Mitch Moyers, SCCDHH Outreach
The TV Decoder Chip is required in all TVs with 13"
screens or larger since July 1993 and required in Digital
TV (DTV) receivers since July 1, 2002.

Digital captions can give new features – font size, font and background color. Some manufacturers may add other features such as the ability to relocate the captions that are blocking something you want to see.

On January 1, 2006, 100% of "new" TV programs (both digital and analog) must be captioned with several exemptions.

News programs must follow the same captioning requirements, which means 100% of news must be captioned after January 1, 2006. There are special regulations for which must be real-time captioned and which do not.

Visual presentation of local emergency information is required of broadcast, cable, satellite TV. A definition of emergency information is information that is intended to protect life, health, safety or property. For more information, contact Mitch Moyers at SCCDHH.



An American Dream

By Kristi L. Mortensen
It has been a long time and we need to restore the American Dream in our Deaf Community. One might say, "The American Dream, what is it?" It is that a deaf child has

rights and access to all learning avenues.

Many times parents of deaf children are left in the dark. Are there any laws that mandates that the information from appropriate sources must be readily given to the parents the moment they discover their child is deaf? Are there any laws that mandates that deaf and hard of hearing children must receive full access to everything in a Least Retrictive Enironment? Has the current PL 94-142 (now known as I.D.E.A.) been updated with teeth to require that a child with hearing loss immediately gets attention to ensure total access to everything, especially an introduction to the Deaf Community and World?

There are many questions that go unanswered. There are many perplexities and that's why the education system has not improved much. Has anyone ever ask former deaf students who went through the system? Has anyone ever sat down and jotted down notes with former students who are the products of the deaf education system and asked if it helped them prepare for real life?

Let's take one small step by rolling up our sleeves and attend the Deaf and Hard of Hearing Child's Bill of Rights Forum II on December 2 on Friday evening at 7 p.m. We can find out what kind of plans we need to implement. We can prepare for intensive training from the Gallaudet Leadership Institution (GLI) in January 2006. We can discover many different ways to get an important law implemented in Utah. Let us be the ones to make a huge difference in the lives of deaf and hard of hearing children in Utah. They deserve a 1st class education by giving them all they need, including all kinds of communication that fit the child's needs. And more importantly, let's achieve that important goal that when these children become adults, they can say, "I am satisfied with the education I received in the past several years!"

Has anyone met the older generation who attended the Utah Schools for the Deaf and the Blind before 1959? Has anyone ever asked them what their education was like? Would we find surprising answers? Would we find the same answers from students now?

These deaf children are our future leaders. How are we going to help them prepare? Let's get together and make a difference in the lives of these precious deaf and hard of hearing children.

SCCDHH Strategy Meeting

The DSDHH Strategic Planning Committee held a meeting at SCCDHH on October 5, 2005 with several directors of other agencies and deaf and hard of hearing organizations.

Strategies were discussed along with a discussion of new ideas and program enhancements.

DPN Celebration at SCCDHH

by Marilyn Call, SCCDHH Director

For several years the Utah Community Center of the Deaf (as we used to be known), the Sanderson Center, has held an Open House in December for everyone in the community. Because of growing political tension about separation of church and state we have been advised to not continue this tradition. We are sad about this change but very excited about starting a new tradition, a DPN Celebration.

Beginning this coming Spring we will host a Deaf President Now (DPN) celebration. When Dr. Angel Ramos was here last Spring, he shared with Eli McCowan and myself information about groups across the country who are holding annual celebrations of the DPN movement. We decided this will be a great new tradition for the Sanderson Center to host. Look for future details from Eli McCowan in January's SCCDHH Newsletter about this new tradition and share ideas with her about how to make this fun and successful.

Ask the Lawyer!

By Dale Boam

An Email from Nigeria

You are sitting at your computer when you notice a new e-mail which says:

(#1 email example) Mr. Dennis Samson
The Bank Manager of Eco. Bank of Nigeria Plc, Lagos
Branch. I have an urgent and very confidential business
proposition for you. On June 6, 1999, an American Oil
consultant/contractor with the Nigerian National
Petroleum Corporation, Mr. Barry Kelly made a numbered
time (Fixed) Deposit for twelve calendar months, valued
at US\$40,000,000.00 (FORTY MILLION USA DOLLARS)
in my branch.

(#2 email example) Mr. Samson needs your help. It seems Mr. Kelly died without a Will or family and Samson wants to transfer you the money to keep it from the government. He says you get to keep 30%. He knows you will keep this whole transaction a secret. Just contact him with your bank account number and his Attorney will handle everything.

Dennis Samson? Who is Barry Kelly? Why would anyone in Nigeria contact you? This is a SCAM called a "Nigeria Letter." Thieves use it to get your bank account numbers and worse. Millions of people have been fooled already because they did not ask one very important question, "Why me?"

Recently the thieves came up with a new scheme; target audiences. They scan lists of organizations and other public records to target the letter to the person. I have received several like this from "a young Deaf girl":

My name is Sandra Am a deaf, I am 18 years of age, the only daughter of late Mr and Mrs Mouganga Saruwa, from Republic of Rwanda. My father before his death was a Cocoa and Gold merchant in Kambala, Republic of Rwanda before his untimely death, after his business trip to Abidjan -Cote d'Ivoire, to negotiate on a Cocoa and Gold business he wanted to invest in Abidjan -Coted'Ivoire. My mother died when I was little, and since then my father took me so special. Before his death on 12th march 2005 he told me that he has the sum of sixtheen million United State Dollars.(USD\$16.000.000) deposited in a security company in Abidjan Cote d'Ivoire, that he wanted to use this fund to invest his cocoa business in Ivory Coast. (grammar and spelling errors are in the original e-mail)

DO NOT REPLY TO THESE E-MAILS!

Persons who have replied have had hundreds and even thousands of dollars stolen from their bank accounts.

THIS IS NOT A DEAF PERSON! It is a thief trying to use the Deaf community.

Here is the rule: ask yourself why me? You don't know the person who sent it. Why did they send it to you! Simply, to rip you off! If you get one, just delete it.

Southern Utah News

by Joyanne Burdett Happy Autumn!

On Saturday, September 17, 10 of us were in awe after we went on a tour at the Jacob Hamblin Home in Santa Clara (west of St. George). The home was built in 1862 by Morcraftsmen for Jacob Hamblin and his family and

St. George). The home was built in 1862 by Mormon craftsmen for Jacob Hamblin and his family and was also headquarters for his missionary work. Jacob Hamblin was sent by Brigham Young as a missionary to southern Utah and became a noted Indian agent, colonizer and peacemaker. He worked out treaties with the sometimes hostile Indians and was called to mediate whenever trouble arose. He always wore a red neckerchief so that he would be recognized by the Indians for his honesty and trust. We left there with so much admiration for Jacob Hamblin. Thanks to our wonderful interpreter, Jackie Harris.

Another amazing field trip we had was at the Dinosaur Discovery Site at the Johnson Farm located in St. Geroge on Saturday, October 8th. This place is one of the "musts" to visit whenever you are in the town! Melissa Burbidge interpreted on this tour.

I presented a 1st workshop on skin care at the SCCDHH on Wednesday, October 5 and will follow through with a second workshop.

Ann Fuller, the new VR counselor of the Deaf and HH here at SUDHHP, attended a three-day training in Salt Lake City, October 3 to 5. She, along with Ron Burdett, attended the Utah Office of Rehabilitation Conference on October 19 in Salt Lake City.

News about our hiking trip, OC movie, corn maze activity, skin care class two, knitting group, Southern Utah Conference for the people who are Deaf, Hard of Hearing, Late-Deafened and Service Providers, Ladies' Night at the "What Women Want" Expo, and much more will be shared in the next newsletter!

See you next month!

SCCDHH VP Numbers

By Mitch Movers

Changes are happening at the Sanderson Center to better accommodate our incoming callers to the center, we are changing, adding, and adjusting phone numbers.

Front Desk, TTY/VP: (801) 263-4860 and Toll-free (800) 860-4860.

Voice Callers: (801) 263-4861 and Toll-free (877) 860-4861.

Miss Deaf Utah's Report

by Shawnelle Hardman Hello, Friends!

What a BEAUTIFUL Fall Season!! I'm very excited about Fall! I attended the Deaf

and Hard of Hearing Children's Bill of Rights. (DHHCBR) Wow! I learned so much. I understand how parents feel about their children's rights. The children deserve a Bill of Rights. If there is no Bill of Rights, then we will be stuck and fight hard which we don't want to. It's very important to have a Bill of Rights for our present and future children. I'm very excited to help the parents of deaf and hard of hearing children so I can learn more and prepare for my future children if they are deaf or hard of hearing or hearing. It will all be the same!

I attended the MDUP Committee meeting to help them prepare for the Halloween Bash, Bazaar, and other events. It will help all of us if you come to any event to support us and donate money so I can go to the Miss Deaf America Pageant in July 2006. I'm very excited to go so I can meet new girls who won state titles and help me overcome my shyness. I've always been shy to meet new people and don't talk often. I noticed myself doing better because of meeting new people and talking with them more. I really love to make new friends with anvone!

It's November. I'm thankful for family, friends, committees, and everyone that shows their support of me as Miss Deaf Utah. If no one supports me, then I won't be able to stay strong and have confidence in myself, or guit as Miss Deaf Utah which I don't want to guit!

I'm thankful that we have clothes, food and homes so we can stay alive, warm and have lot of love! I'm thankful for beautiful animals, mountains, lakes, oceans, flowers, trees, sky, moon, sun, stars, rain, snow, and everything on earth! I really enjoy it! We should be thankful for everything we have on earth.

Remember..always be thankful for what we have. Happy Thanksgiving!

Open-Captioned Movies



November 8-9, "Elizabethtown", PG-13

November 15-16, "Corpse Bride", PG-13 November 22-23, "Jarhead", R

Salt Lake City (at the Carmike Ritz)

November 8-9, "Prime", PG-13

November 15-16, "Elizabethtown", PG-13

November 22-23, "Corpse Bride", PG-13

November 29-30, "Jarhead", R

Hurricane (at the Coral Cliffs Cinema 8)

November 12, "Charlie and the Chocolate Factory", PG See www.uad.org/cmoviesutah.

Interpreted and Captioned LDS Play

"Savior of the World" depicts the events around the birth and resurrection of Jesus Christ in a beautiful and inspiring play and musical.



There will be specially trained interpreters in front of the stage with excellent lighting for the deaf. There will also be descriptive interpreting for those who are blind, and arrangements can be made for interpreters for any deafblind that may attend. There will be big TV monitors set up in front of Sections 4 and 6. The audience in Sections 4 and 6 will be able to look down at the big TV monitors and look up at the performance so it should work out very well. They will also have amplification for those that need

Hard of hearing people can ask for tickets in Section 4 and 6 where the big TV monitors are. Deaf people can ask for tickets in Sections 1 and 2 and 3, front row seats.

The tickets are on sale now for this special performance but they need to be purchased at the ticket office, which is located on the North West corner of the LDS Conference Center, door FOUR, or you can call: 1 (801) 240-0080. Tickets will not be available online.

This special performance will be held on Saturday December 3, 2005 at 2:00 pm at the Little Theater in the LDS Conference Center which is located next to the ticket office. The entire theater will be reserved for people who are deaf or blind and their family and friends. The tickets are \$5.00.

Make sure you get your tickets early to ensure a seat for this beautiful experience. It is a great way to get into the true spirit of Christmas with your family and friends.

If we support this event, it can open many other performing arts events for the deaf and hard of hearing that have not been available in the past.

This is the first event in the Little Theater that is entirely reserved for the Deaf, Deafblind, and Blind audiences. The people behind the scenes have worked very hard to make it accessible to all Deaf, Deafblind, and Blind audiences.

If you have any questions, please call Kym Stockman 240-5425 v/tty or 631-1126 (voice only).



Utah Legislature and Advocacy

by Eli McCowan

The Utah Legislation 2006 is on its way with more political successes or woes for many of us. Many of you have been the subscribers of UAD's fabulous-electronically 'UAD-Announce'.

You have seen concerned issues on the UAD Announce regarding some agencies asking for your help in supporting bills so that our lives in the Deaf and Hard of Hearing communities of Utah could be improved. Last year our administrator, Marilyn Call, of Division of Services to the Deaf and Hard of Hearing, sent out her memos of help with the building block support for Southern Utah Community Center of the Deaf and Hard of Hearing and Sanderson Community Center of the Deaf and Hard of Hearing.

Frequently questions were asked:

- 1. What is the building block?
- 2. To whom should I write?
- 3. My grammar is bad. How can I write?
- 4. Why do we must go to the Capitol to show our faces?

To keep a few lessons short and easy and remember to do it, this article is part one.

A building block is an invisible package with many things inside it.

There are helpful hints for effective letter writing. Letters INFLUENCE public opinion and politicians. Same copies of letter draft IS NOT attractive to politicians. Two visiting representatives of our state government to the center in early September have recommended this surprising idea! They would love to hear from each of you with personal views.

What is included in the format?

- 1. Make your letter one page or less, covering no more than one issue with reasons/justifications
- make sure your letter is easy to read...it can be handwritten, typed, or computer-printed. Your personal letter or card attracts them fast!
- Include your name and address on the letter and envelope
- Tell them to please call you or email if they have questions. Make sure your number/email address is included.

What is in the letter?

 make sure your letter is clear and to the point of the issue. DON'T WORRY ABOUT YOUR GRAMMAR. You can use the name of the bill and its number (when you get the memo from one of us asking for your help in writing to your representatives) in your first sentence of your letter. In this way you would help your representative know what you are talking about in the first place!

Explain why you are supporting or opposing the bill that would affect you and your family member with hearing loss or disability. BE PERSONAL

Attach supporting information; don't try to incorporate everything into the body of the letter.

ENCOURAGE friends and relatives to write letters.

Believe it or not, the representatives PREFER to get your message by letters/cards than by email. During the legislation session, they receive an average of 400 emails from supporters and opponents like you. The personal letters/cards attract them faster, so let's grab your pen/keyboard and start writing letters in the old-fashioned way!

Next month is article part two: Helpful hints for effective office visits!

"Medicare D" A New Drug Program

by Joene Nicolaisen, LPC Case Manager

What is Medicare D?

In the past, Medicare covered only doctor visits and hospitalizations (Medicare A & B), but not medications. Medicare D will help with prescription drug costs with an average of \$2,100 per year.

Who is covered?

Prescription drug coverage will be available to all people who receive Medicare. You cannot be denied.

Do I have to sign up?

No, this is a voluntary program. However, if you decide to join after May 15, 2006 you will be penalized 1% per month from the time that you did not sign up during this open enrollment period.

Is there a Premium?

Yes and no. The premium will generally be around \$32.00 to \$37.00 per month (depending on which plan you choose). You may pay no premium or a sliding scale premium depending on your liquid assets and income. You may also qualify for low-income help.

Important Dates:

On July 1, 2005, Social Security made applications available on-line. Companies will be allowed to start selling their plans starting October 1, 2005. Select the best one that covers your specific medications. If you are enrolled in Medicare now, you will need to join a plan between November 15, 2005 and May 15, 2006.

Fall of 2005, Medicare recipients will be getting a handbook in the mail called, "Medicare & You 2006." It will explain the program more fully and give you a list of Prescription Drug Plans in your area.

(continued on page 9)

"Medicare D" A New Drug Program (continued from page 8)

Questions?

Call 1-800-MEDICARE (TTY 1-877-486-2048) or visit their website at www.medicare.gov. They also have helpful tools on-line to help you select a PDP. Or you can contact Social Security at: www.ssa.gov (for application and other direct information).

You can also contact our case management team for help. Call Joene Nicolaisen at 313-6814 TTY or call 263-4860 (V/TTY) ask for Jeremy Kendall or Gloria Hall.

Blackberry Thumb

Chris Claypool was addicted to his BlackBerry wireless handheld. Like many users, he never thought twice about pecking away at lightning speed, replying to a wave of e-mails from clients around the globe.

Last year, the 37-year-old agricultural sales director from Post Falls, Idaho, noticed a throbbing sensation in this thumbs whenever he typed. He switched to tapping with his index finger, then his middle digit and finally his pinky. But his thumbs pained him to the point where he can't even press the buttons on his TV remote control.

After months of aching, Claypool took a break. Now he only uses his BlackBerry to send short messages _ typing with the tip of a pencil eraser whenever his thumbs get sore.

Repetitive motion injuries, which have long afflicted desktop and laptop computer users, are invading the mobile handheld world.

There's even an informal name for the malady _
"BlackBerry Thumb" _ a catch-all phrase that describes a
repetitive stress injury of the thumb as a result of
overusing small gadget keypads.

No national statistics exist on how many people suffer from this type of thumb ailment, but some doctors say they are seeing an upswing in related cases, said Dr. Stuart Hirsch, an orthopedist at St. Joseph's Hospital and Medical Center in Paterson, N.J.

Earlier this year, the American Society of Hand Therapists issued a consumer alert, warning users of small electronic gadgets that heavy thumb use could lead to painful swelling of the sheath around the tendons in the thumb.

The group recommended taking frequent breaks during e-mailing and resting one's arms on a pillow for support.

Specialists say the thumb, considered by many as an island because it is set apart from the other fingers, is among the least dexterous digit and is not meant to be rigorously worked out.

Treatment for BlackBerry thumb may include wearing a splint and applying ice to the affected area. If

the pain persists, doctors may opt to inject the thumb area with a cortisone shot. Surgery may be required as a last resort.

By Alicia Chang, Associated Press Science Writer

UAD Board Mtg Highlights

April 2005

- ~ Robert Sanderson moved to sponsor the Utah group presenting a skit at the Deaf Seniors of America conference this fall. Passed.
- ~ Robert Sanderson moved to accept the March 2005 financial report as given. Passed.
- ~ Robert Sanderson moved to pursue the concept of sponsoring a play, "Arsenic and Old Lace." Passed.
- ~ Val Kinney moved to write a position paper (on HB145). Passed.
- ~ Val Kinney moved to donate \$50 to the Deaf History Month. Passed.

May 21, 2005

- ~ Val Kinney moved that the MDUP Handbook be tentatively accepted in essence, with modifications as outlined on a separate sheet and grammatical problems cleaned up, and brought to the board in September for final approval.
- ~ Val Kinney moved that the UAD board minutes be made available upon request, either by email attachment (PDF format) or as a hard copy, to UAD members. Ron Nelson amended to add a monthly summary of what UAD is up to, similar to NADmag where Nancy Bloch has a listing of what is happening within NAD. The amendment passed. The main motion as amended passed.
- ~ Ron Nelson moved to have UAD pay up to \$500 to bring Libby Pollard to Utah for a parliamentary / secretary workshops on November 12, 2005, and provide refreshments and incentives. Passed.
- ~ Ron Nelson moved to have UAD sponsor a Friday morning brunch at the UAD Conference on June 10, 2005, up to \$200. Passed.
- ~ Ron Nelson moved to award the following scholarships to Miss Deaf Utah winners as follows:

Miss Deaf Utah 2005-2007 - \$500

First Runnerup - \$100

Second Runnerup - \$100, Third Runnerup - \$100 Passed.

- ~ Ron Nelson moved to have UAD support Laurel Stimpson's grant proposal to set up a deaf Big Brother Big Sister program. Passed.
- ~ Ron Nelson moved that the following people receive UAD lifetime memberships for their many years of service to UAD: Ilene Kinner, Kenneth Kinner, Valerie Kinney, Dave Mortensen, Shanna Mortensen, Dennis Platt, Shirley Platt, Jerry Taylor, Nancy Taylor. Passed.

(continued on page 13)

Parliamentary & Secretary Workshops

November 12, 2005 at RGSCCDHH

9 am-Noon: Parliamentary Workshop

I pm-4 pm: Secretary Workshop

FREE registration/refreshments because of generous sponsors: UAD, SLCAD, DSU, RGSCCDHH, BRCD, UACD

Questions? Contact Ron Nelson at ron@uad.org



Libby Pollard

Former NAD President, member of American Institute of Parliamentarians (AIP) and National Association of Parliamentarians (NAP).

Libby has served as parliamentarian for national, state and local organizations, and hosted many parliamentary and leadership workshops. On the personal side, Libby is a proud mother of 4 sons (2 deaf and 2 hearing), 15 grandchildren (3 deaf), and 4 great-grandchildren.



Deaf & Hard of Hearing Child's Bill of Rights: Forum II

Where: Sanderson Center, 5709 S. 1500 W., Taylorsville

When: December 2, 2005 (Friday)

Time: 7:00 pm to 9:00 pm

Why: What is Deaf & Hard of Hearing Child's Bill of Rights? Who will be affected? Is it important?

Who should come: Everyone! Parents of Deaf & Hard of Hearing children, Deaf & Hard of Hearing individuals, Educators of Deaf & Hard of Hearing Children, Friends, and all walks of life

Who supports it: Utah Association for the Deaf, National Association of the Deaf

Contact Information:

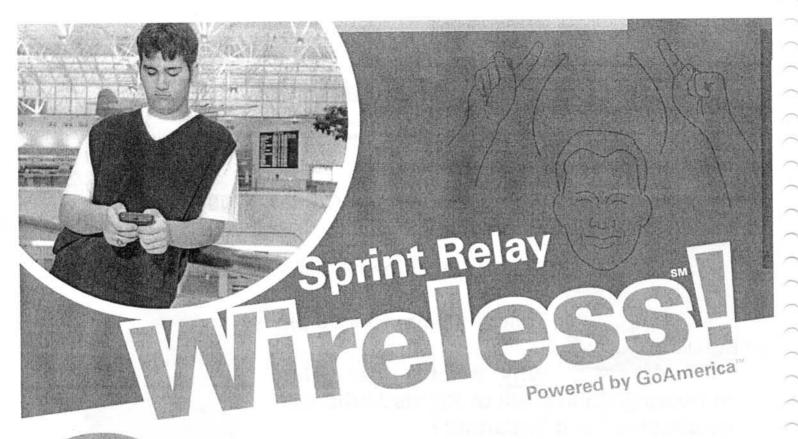
Rob Kerr at rob@uad.org
April Trocki at april@uad.org
Kristi Mortensen at kristim@uad.org

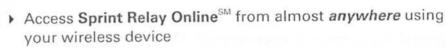
Need An Interpreter? Contact Ron Nelson at ron@uad.org

Come one! Come All! Refreshments will be served!!!!









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November 2005

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Cut out this half page (which includes your label on the backside) And send it to:

> Val Kinney, Bookstore Manager 1456 South 1650 East Ogden, Utah 84404-6088

Subscription by UAD Member - \$15/year Subscription by Non-UAD Member - \$25/year UAD Membership Dues is \$15/year

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E-mail Address

UAD Bulletin

For more information, call (801) 625-0161 (TTY) in Ogden uadbookstore@uad.org

No long distance calls will be returned.

UAD Board Mtg Highlights

(continued from page 9)

~ Robert Sanderson moved to have UAD sponsor a table tennis tournament for deaf and hard of hearing youth this summer, and purchase the needed equipment. OPas

BD-05-21-05-09 - AMENDMENT: George Wilding moved, with John Peebler seconding, to select a committee to implement this activity.

BD-05-21-05-09 - AMENDMENT: George Wilding moved, with Ron Nelson seconding, to have the UAD president select the committee.

The second amendment passed. The first amendment passed. The main motion as amended passed.

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Miss Deaf Utah 2005-2007 Shawnelle Hardman

Available for Appearances!

Contact kristim@uad.org

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UAD Bulletin www.UAD.org/Bulletin Utah Association for the Deaf 1115 Sunnyside Avenue SLC, Utah 84102-3725

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Calendar of Events for November 2005

For further information, visit www.uad.org/calendar or email uadbulletin@uad.org.

Day	Date	Organization	Event	Location	Time		
Tuesdays	Ongoing	DSU	Card Games	SCCDHH	9:00 AM		
Wednesdays	Ongoing	DSDHH	Lipreading/ Speechreading class	SCCDHH	6:30 PM		
Wednesday	11/2/2005	PSC	Town Hall Meeting	City Council	6:00 PM		
				Chambers in Logan			
Fri-Sat	11/4-5/2005	SCCDHH	Bazaar	SCCDHH	5pm-9pm, 10am-5pm		
Saturday	11/5/2005	WSU	Play: "Six Degrees of Separation"	Eccles Theater	7:30 PM		
Tuesday	11/8/2005	DSU	Business Meeting	SCCDHH	9:00 AM		
Tuesday	11/8/2005	DSU	Flu Shot Clinic for Seniors	SCCDHH	10:30 AM		
Wednesday	11/9/2005	PSC	Town Hall Meeting	St. George Social Hall	5:00 PM		
Wednesday	11/9/2005	DSDHH	Thyroid Health Seminar	SCCDHH	6:30 PM		
Wednesday	11/9/2005	UACD	Board Meeting	SCCDHH	7:00 PM		
Friday	11/11/2005	Veterans Day (Holiday)					
Saturday	11/12/2005	Six Organizations	Parliamentary & Secretary Workshops	SCCDHH	9:00 AM		
Tuesday	11/15/2005	DSDHH	SSI/SSDI & Working	SCCDHH	6:30 PM		
Wednesday	11/16/2005	DSDHH	FREE Legal Clinic	SCCDHH	3:00 PM		
Wednesday	11/16/2005	DSDHH	Checks & Balances 101	UVSC, LA Room #207	6:30 PM		
Thursday	11/17/2005	DSDHH	Skin Care Class #2	SUDHHP	6:00 PM		
Friday	11/18/2005	DSDHH	Family Bowling Night	SUDHHP	6:00 PM		
Saturday	11/19/2005	UAD	Board Meeting	SCCDHH	10:00 AM		
Saturday	11/19/2005	Circle of Friends	Gardner Village	SCCDHH	10:00 AM		
Thursday	11/24/2005	Thanksgiving Day	(Holiday)				
Tuesday	11/29/2005	DSDHH	Checks & Balances 101	SCCDHH	6:30 PM		

Add your organization's event to the Calendar anytime. See entire 2005 Calendar at ww.uad.org/calendar